



**PROGRAMME SUMMARY
REPORT**

Date: 16th February, 2022

Episode 29

Presenter: Muhammad Adam Tudun Murtala

Discussion: Attitude of Patients and its impact on Health workers

Discussants: Zahra'u Adam Danladi Nurse, Murtala Muhammad hospital, Amina Muhmmad Auwal Hasken Matasa Listeners Club member, KBT LGA and Idris Ya'u Hassan Assistant Director Nursing

PREMISE

Attitude of patients and that of their relatives who nurse then while on sick bed has a level of impact on the job of health workers. Prominent among this attitude is impatience; sick people always want doctors or nurses to attend to them immediately they get to the hospital not considering hospital rules or the principle of first come first serve hence they go around giving health workers bad names.

ISSUES

Furthermore, family and friends do not respect visitation hours set by the hospital, this affects the serenity of the health center and disturbs performance of the health personnel. Some patients also do not follow the instructions of the doctors thus, circumventing medications administered.

MORE ISSUES...

Also, members of family given an I. D card that gives them privileged access to loved tend to trickishly pass the cards to others through the windows thus giving access to others which tends to disturb and slow the recovery of their ward. Some other do not want to hear that there are no bed spaces to hospitalise their ward and tend to reject referrals, they also use this to give health workers bad names.

...MORE ISSUES.

Another attitude by patients or their relatives that have negative impact on health workers include insulting the medical personnel, refusal to buy prescribed drugs for treatment, patients not taking drugs i.e hiding it in a portion of their mouth only to spit it out when the doctor leaves and patients not recognising young doctors and nurses. A point of note is that most of the problems mentioned are associated with women and pediatrics.

RECOMMENDATIONS

1. Health workers should be more patient when dealing with the sick and realise that only God can bless their effort.
2. Patients and those bringing them to the hospital should endeavour to follow rules and regulations and also having it at the back of their minds that some conditions are beyond the control of health workers.
3. The sick should always adhere to treatments and refrain from whatever they are asked to refrain from, this will be a win win for both themselves and the doctors or nurses.
4. Family and friends should endeavour to visit the sick only during visitation.
5. People should also know that age does not determine who works in the hospital and that this is only determined by knowledge, training and experience.

Presenter and discussants hasken matasa

