



**PROGRAMME SUMMARY  
REPORT**

**Episode 13**

**Date: 27th October, 2021**

**Presenters: Nafisa Murtala Adam and Muhammad Adam Tudun Murtala**

**Discussion: Insufficient female restrooms in Public Places; Problem and Solution**

**Discussants: Hadiza S. Bala, Nasiba Babale and Rukayya Adam Shu'aib.**

**PREMISE**

The call of nature is undisputedly one which can not be ignored. Restrooms is one of such places where individuals go to get rid of waste from metabolic activities especially those from the digestive and urinary system. Women are by nature creature that are shy and secretive especially in issues like this.

**ISSUES**

This episode of Hasken Matasa looks at how Insufficient females restroom affects there wellbeing and profers possible solutions. When on road trips, public gatherings, in markets and even at school over the years, there has being little or no provision of restrooms for females. This issues has baffled them over time and even where they are available, they are unkempt and unhygienic.

**MORE ISSUES...**

This can lead to transmission of diseases associated with using such places. In situation where restroom are not in place, females tend to hold back waste and this can destroy organs like bladder and kidney.

**...MORE ISSUES.**

Some have attributed low enrolment of girl child in school to the subject matter though this is common in urban areas. Lack of water has also been stated as the reason why restrooms are not built or are unhygienic.

## RECOMMENDATIONS

1. Government, Non-governmental organisations (NGOs), marketers and event centres should endeavour to build restrooms in sensitive areas
2. Restrooms should be built separately for male and females. This should be indicated with English, Hausa and Pictorial languages for those that are not literate.
3. Where this facilities are available, individuals should endeavour to keep it clean to prevent diseases.
4. Efforts should be made to sensitize the public on dangers involved with using dirty restrooms. This will help in ensuring that anyone who uses public toilet cleans it after use.
5. This problem should be taken as a business opportunity where people build toilets and collect money for maintenance and profit at the same time.
6. Women should endeavour to use the waste bins provided in public toilets instead of littering them with pads, tissue paper etc.

### Presenter and discussants hasken matasa

