



**PROGRAMME SUMMARY  
REPORT**

**Episode 4**

**Date: Wednesday 25th August, 2021**

**Presenter: Muhammad Adam Tudun Murtala**

**Discussion: Effect of poor sanitation and hygiene to the society; role of youths**

**Discussants: Dr. Musa Muhammad Bello; medical expert, Mallam Hassan Gama; environmentalist, Mu'azam Dauda; youth discussant**

**PREMISE**

Following the rampant spate of cholera outbreak in 25 of 36 states of Nigeria especially in Kano, the role of youths in mitigating the effects of poor sanitation and hygiene was discussed in this episode of Hasken Matasa.

Sanitation and hygiene are classified into human body sanitation and environmental sanitation and both are linked to health concerns.

**PREMISE II**

The human body produce 1 -2kg of wastes daily and there are 7,500 tons of environmental waste generated in each of the 44LGA of Kano making a total of 330,000 tons daily and the state environmental body have capacity for evacuating only 4,000 tons.

There is a linkage between sanitation and poverty, population density, good governance and human attitude.

**ISSUES.**

- 1.** Lack of domestic and body sanitation among some people
- 2.** Improper disposal of wastes by households in government marked areas
- 3.** Improper disposal of industrial wastes by operating companys

**MORE ISSUES.**

- 4.** Industrial and domestic waste may flow into water bodies that grow food resulting to diseases like cancer, Kidney and liver infection etc
- 5.** Inadequate waste disposal/collection centers in neighborhoods/communities

# RECOMMENDATIONS

The need to increase the waste disposal capacity of the state environmental agency.

Continuous and constant sanitation of toilets including the use of disinfectants, where 15 to 20 meters distance cannot be maintained with main habitation areas.

Constant fumigation of environments and vaccination against communicable and infectious diseases where applicable and necessary and taking good care of sewage systems.

Operating industries should be forced by concerned communities to comply with proper waste disposal guidelines especially chemical treatment and disinfection of wastes before release. Law enforcement authorities should be involved where necessary.

More places for proper disposition of wastes should be designated in neighborhoods and communities by government and youths should volunteer to evacuate drainage and sewage wastes and dispose them off properly in government designated areas.

Youths should abdicate the habits of indiscriminate dumping of wastes such as orange or banana peels, nylon bags etc. and they should not wait till month end before embarking on sanitation exercises, it should be constant.

The minority youths who are more concerned with proper sanitation and hygiene should volunteer to enlighten the negligent majority

Housewives should avoid making meals or washing plates close to baby pooh and or toilets 15 to 20 meters distance should be maintained between toilets and where food are kept or being prepared

## Presenter and discussants hasken matasa

